

Workshop- How to regulate your nervous system through your breath

DATE: Thursday, October 9, 2025
LOCATION: W æ ¶ Å ÷ F vò & Vv-öâÅ å

Event Description

Workshop- How to regulate your nervous system through your breath is a premier community event in W æ ¶ Å. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: community
Importance Rank: 26/100
Expected Attendance: 66 people
Event ID: sfPG4Y7deKpKCPRaks

Hotel Demand Indicators

ADR Impact Index: 3.7x baseline (varies by property tier & location)
Occupancy Impact: +60 percentage points over baseline
Booking Lead Time: Demand begins 30 days before event
Impact Radius: 15km from venue
Estimated Room Nights: 26 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.