

When Rest Feels Hard: A Restorative Breathwork Journey to Slow Down & Deeply Relax

DATE: Thursday, August 14, 2025
LOCATION: Pambula, New South Wales, AU

Event Description

When Rest Feels Hard: A Restorative Breathwork Journey to Slow Down & Deeply Relax is a premier community event in Pambula. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: community
Importance Rank: 30/100
Expected Attendance: 100 people
Event ID: Bf3N7m6UjxRfkVgv9j

Hotel Demand Indicators

ADR Impact Index: 4.1x baseline (varies by property tier & location)
Occupancy Impact: +60 percentage points over baseline
Booking Lead Time: Demand begins 30 days before event
Impact Radius: 15km from venue
Estimated Room Nights: 40 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.