

# The Spirituality of Body and Mind Retreat 2026

DATE: Friday, January 9, 2026  
LOCATION: Ossining, New York, US

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## Event Description

The Spirituality of Body and Mind Retreat 2026 is a premier community event in Ossining. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** community

**Importance Rank:** 14/100

**Expected Attendance:** 15 people

**Event ID:** CcMXYQbbdc3PLe4r7t

## Hotel Demand Indicators

**ADR Impact Index:** 2.7x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 6 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*