

The Self-Care Sessions Autumn Reset

DATE: Friday, September 5, 2025
LOCATION: Dublin, County Dublin, IE

Event Description

The Self-Care Sessions Autumn Reset is a premier conferences event in Dublin. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: conferences

Importance Rank: 40/100

Expected Attendance: 322 people

Event ID: xjuPpYJYVjAhfC8a28

Hotel Demand Indicators

ADR Impact Index: 4.9x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 129 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.

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