

# The Gut-Brain Connection: Healing from the Inside Out

DATE: Sunday, February 1, 2026  
LOCATION: Deerfield Beach, Florida, US

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## Event Description

The Gut-Brain Connection: Healing from the Inside Out is a premier conferences event in Deerfield Beach. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 23/100

**Expected Attendance:** 46 people

**Event ID:** 3Cf3bzGyz3sv4jCfGt

## Hotel Demand Indicators

**ADR Impact Index:** 3.5x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 18 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*