

SanaMente: VI Congreso de Salud Mental

DATE: Thursday, October 16, 2025
LOCATION: Monterrey, Nuevo León, MX

Event Description

SanaMente: VI Congreso de Salud Mental is a premier conferences event in Monterrey. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: conferences

Importance Rank: 42/100

Expected Attendance: 382 people

Event ID: 8t8erpaXRBdujKNwTw

Hotel Demand Indicators

ADR Impact Index: 5.1x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 153 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.