

# Restore, Reset, Reconnect - A Transformative Breathwork and Sound Journey

DATE: Friday, October 31, 2025  
LOCATION: Praha 2, Hlavní m. Praha, CZ

---

## Event Description

Restore, Reset, Reconnect - A Transformative Breathwork and Sound Journey is a premier conferences event in Praha 2. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 43/100

**Expected Attendance:** 456 people

**Event ID:** 39B4moGqH9nEenSAdg

## Hotel Demand Indicators

**ADR Impact Index:** 5.2x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 182 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

---