

# Reflect & Move Wellness Workshop

DATE: Saturday, October 4, 2025  
LOCATION: Leichhardt, New South Wales, AU

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## Event Description

Reflect & Move Wellness Workshop is a premier community event in Leichhardt. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** community

**Importance Rank:** 20/100

**Expected Attendance:** 31 people

**Event ID:** HFEWh7wdod9tFTQ5CF

## Hotel Demand Indicators

**ADR Impact Index:** 3.2x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 12 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

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Document generated on 6/3/2026, 9:36:17 PM