

Period Power: Understanding Your Hormones to Optimise Training & Recovery

DATE: Sunday, August 31, 2025
LOCATION: Northwich, England, GB

Event Description

Period Power: Understanding Your Hormones to Optimise Training & Recovery is a premier conferences event in Northwich. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: conferences

Importance Rank: 27/100

Expected Attendance: 69 people

Event ID: 8u7xuWtVyCvdF2gi6c

Hotel Demand Indicators

ADR Impact Index: 3.8x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 28 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.