

Nourish To Your Core: 'A Women's Mat Pilates and Nutrition Workshop'

DATE: Saturday, August 16, 2025
LOCATION: Hendon, South Australia, AU

Event Description

Nourish To Your Core: 'A Women's Mat Pilates and Nutrition Workshop' is a premier community event in Hendon. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: community

Importance Rank: 22/100

Expected Attendance: 39 people

Event ID: 7RbmTHv6HobkKF2THR

Hotel Demand Indicators

ADR Impact Index: 3.4x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 16 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.
