

# Nourish - 2 hour Yin Yoga & Sound Healing Journey

DATE: Thursday, September 18, 2025  
LOCATION: Hastings, Hawke's Bay Region, NZ

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## Event Description

Nourish - 2 hour Yin Yoga & Sound Healing Journey is a premier community event in Hastings. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** community

**Importance Rank:** 22/100

**Expected Attendance:** 39 people

**Event ID:** 6PYQdwwvgZxxHx4hbH

## Hotel Demand Indicators

**ADR Impact Index:** 3.4x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 16 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

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