

# Meditation Explained : Sunday Talk & Guided Meditation (In-Person)

DATE: Sunday, September 7, 2025  
LOCATION: Glasgow, Scotland, GB

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## Event Description

Meditation Explained : Sunday Talk & Guided Meditation (In-Person) is a premier conferences event in Glasgow. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 29/100

**Expected Attendance:** 93 people

**Event ID:** 8T2Zyi7BNhzUDPRw5o

## Hotel Demand Indicators

**ADR Impact Index:** 4.0x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 37 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*