

# Managing Stress and Anxiety with MS (Aberdeen)

DATE: Tuesday, August 26, 2025  
LOCATION: Aberdeen, Scotland, GB

## Event Description

Managing Stress and Anxiety with MS (Aberdeen) is a premier conferences event in Aberdeen. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 32/100

**Expected Attendance:** 129 people

**Event ID:** 38Ehs3mPQTpxY9pu2A

## Hotel Demand Indicators

**ADR Impact Index:** 4.2x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 52 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*