

# Live Your Light - Body, Mind & Soul Expo

DATE: Saturday, August 30, 2025  
LOCATION: Merewether, New South Wales, AU

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## Event Description

Live Your Light - Body, Mind & Soul Expo is a premier expos event in Merewether. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** expos

**Importance Rank:** 55/100

**Expected Attendance:** 1,715 people

**Event ID:** AMMFdE5KQyLcViQM8x

## Hotel Demand Indicators

**ADR Impact Index:** 6.2x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 60 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 686 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

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