

# Into the Heart: An Intimate Evening of Mantra, Meditation & Sound Healing

DATE: Sunday, August 31, 2025  
LOCATION: Brighton and Hove, England, GB

## Event Description

Into the Heart: An Intimate Evening of Mantra, Meditation & Sound Healing is a premier concerts event in Brighton and Hove. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** concerts

**Importance Rank:** 35/100

**Expected Attendance:** 179 people

**Event ID:** F57VGi7FjsJYYeEdxy

## Hotel Demand Indicators

**ADR Impact Index:** 4.5x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 72 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*