

# I AM SORRY WELLNESS TALK

DATE: Saturday, September 6, 2025  
LOCATION: Nairobi, Nairobi County, KE

## Event Description

I AM SORRY WELLNESS TALK is a premier conferences event in Nairobi. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 42/100

**Expected Attendance:** 404 people

**Event ID:** CgJMQhwk4X4h7xgtbF

## Hotel Demand Indicators

**ADR Impact Index:** 5.1x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 162 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*