

Hot Flashes, Sleepless Nights, Weight Gain and more? Reset Your Hormones

DATE: Friday, October 17, 2025
LOCATION: Mississauga, Ontario, CA

Event Description

Hot Flashes, Sleepless Nights, Weight Gain and more? Reset Your Hormones is a premier conferences event in Mississauga. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: conferences

Importance Rank: 37/100

Expected Attendance: 223 people

Event ID: HrYFyjLAKr2P7RTgCx

Hotel Demand Indicators

ADR Impact Index: 4.6x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 89 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.
