

# Healing Trauma and the Nervous System- Ancient Wisdom for Modern Resilience

DATE: Tuesday, October 28, 2025  
LOCATION: Wellington, Wellington Region, NZ

## Event Description

Healing Trauma and the Nervous System- Ancient Wisdom for Modern Resilience is a premier conferences event in Wellington. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 32/100

**Expected Attendance:** 131 people

**Event ID:** Gtds9QfSpLkUbRTUHa

## Hotel Demand Indicators

**ADR Impact Index:** 4.2x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 52 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*