

# Guided Sound Bath with the Let's Meditate Initiative

DATE: Wednesday, August 27, 2025  
LOCATION: Ithaca, New York, US

---

## Event Description

Guided Sound Bath with the Let's Meditate Initiative is a premier expos event in Ithaca. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** expos

**Importance Rank:** 56/100

**Expected Attendance:** 2,000 people

**Event ID:** DSTpGNWTxYrBNhiu47

## Hotel Demand Indicators

**ADR Impact Index:** 6.3x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 60 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 800 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

---