

# Group Session: Mental Well-Being & Stress Relief in Munich

DATE: Thursday, September 18, 2025  
LOCATION: München, Bayern, DE

## Event Description

Group Session: Mental Well-Being & Stress Relief in Munich is a premier conferences event in München. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 30/100

**Expected Attendance:** 104 people

**Event ID:** CkNDRP4nVNWFb47tos

## Hotel Demand Indicators

**ADR Impact Index:** 4.1x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 42 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*