

# Gentle morning Yoga Flow with Kate

DATE: Thursday, August 14, 2025  
LOCATION: Kariong, New South Wales, AU

---

## Event Description

Gentle morning Yoga Flow with Kate is a premier community event in Kariong. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** community

**Importance Rank:** 22/100

**Expected Attendance:** 39 people

**Event ID:** H4Edy5XYvm7kcXZ5ry

## Hotel Demand Indicators

**ADR Impact Index:** 3.4x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 16 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

---

Generated by Be Circadian | Cultural Intelligence Platform  
<https://becircadian.com/events/gentle-morning-yoga-flow-with-kate>

Document generated on 6/4/2026, 5:55:18 AM