

# Digitalt välbefinnande – att få tillbaka mitt liv

DATE: Thursday, August 21, 2025  
LOCATION: Stockholm, Stockholms län, SE

## Event Description

Digitalt välbefinnande – att få tillbaka mitt liv is a premier conferences event in Stockholm. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 30/100

**Expected Attendance:** 104 people

**Event ID:** 4B3KCGLkTTYH5B8P3T

## Hotel Demand Indicators

**ADR Impact Index:** 4.1x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 42 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*