

# Detox Your Mind Auckland Day Retreat - 15th Nov 2025

DATE: Friday, November 14, 2025  
LOCATION: Auckland, Auckland, NZ

---

## Event Description

Detox Your Mind Auckland Day Retreat - 15th Nov 2025 is a premier conferences event in Auckland. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 42/100

**Expected Attendance:** 399 people

**Event ID:** HWPjppBhkqaEqpnZdg

## Hotel Demand Indicators

**ADR Impact Index:** 5.1x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 160 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

---