

Burpees, Barbells & Burn with your Bestie. Bring-a-friend day

DATE: Sunday, August 24, 2025
LOCATION: Barrack Heights, New South Wales, AU

Event Description

Burpees, Barbells & Burn with your Bestie. Bring-a-friend day is a premier community event in Barrack Heights. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

Key Information

Category: community

Importance Rank: 30/100

Expected Attendance: 100 people

Event ID: 346DM3DNwcfWey3i7w

Hotel Demand Indicators

ADR Impact Index: 4.1x baseline (varies by property tier & location)

Occupancy Impact: +60 percentage points over baseline

Booking Lead Time: Demand begins 30 days before event

Impact Radius: 15km from venue

Estimated Room Nights: 40 across all properties

Note: Actual impact varies by property location, star rating, and local market conditions.