

# Breathing and Posture Workshop

DATE: Thursday, October 9, 2025  
LOCATION: Newmarket, Ontario, CA

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## Event Description

Breathing and Posture Workshop is a premier conferences event in Newmarket. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 29/100

**Expected Attendance:** 89 people

**Event ID:** GQJBXD7BqeFYLqrcks

## Hotel Demand Indicators

**ADR Impact Index:** 4.0x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 36 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

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Document generated on 6/3/2026, 8:33:51 PM