

# 8 WEEK YOGA THERAPY COURSE - TRAUMA & PTSD RECOVERY PROGRAM STARTING 29 JULY, 9.30AM, 2025

DATE: Monday, August 18, 2025  
LOCATION: Adamstown, New South Wales, AU

---

## Event Description

8 WEEK YOGA THERAPY COURSE - TRAUMA & PTSD RECOVERY PROGRAM STARTING 29 JULY, 9.30AM, 2025 is a premier community event in Adamstown. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** community

**Importance Rank:** 22/100

**Expected Attendance:** 39 people

**Event ID:** 4d5cAC3yX3ie77xZEB

## Hotel Demand Indicators

**ADR Impact Index:** 3.4x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 16 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*