

# 10 Things You Didn't Know About Islam & Mental Health

DATE: Saturday, November 1, 2025  
LOCATION: Cape Town, Western Cape, ZA

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## Event Description

10 Things You Didn't Know About Islam & Mental Health is a premier conferences event in Cape Town. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 34/100

**Expected Attendance:** 159 people

**Event ID:** J2yNPt4NczCqmU4iaN

## Hotel Demand Indicators

**ADR Impact Index:** 4.4x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 64 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*