

# \*\* New Class\*\* Meditation Class - Letting go of Overthinking.

DATE: Sunday, September 7, 2025  
LOCATION: Belfast, Northern Ireland, GB

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## Event Description

\*\* New Class\*\* Meditation Class - Letting go of Overthinking. is a premier conferences event in Belfast. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 26/100

**Expected Attendance:** 64 people

**Event ID:** F3LwVnC9oxew2jWFcz

## Hotel Demand Indicators

**ADR Impact Index:** 3.7x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 26 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*

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