

# ' p LIBÉREZ-VOUS DE LA CHARGE MENTALE - Avec Sylvie Rousseau, psychologue.

DATE: Tuesday, October 21, 2025  
LOCATION: Ville de Québec, Québec, CA

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## Event Description

' p LIBÉREZ-VOUS DE LA CHARGE MENTALE - Avec Sylvie Rousseau, psychologue. is a premier conferences event in Ville de Québec. This event attracts visitors from around the world and significantly impacts local hotel demand, creating opportunities for strategic revenue management and guest experience optimization.

## Key Information

**Category:** conferences

**Importance Rank:** 33/100

**Expected Attendance:** 139 people

**Event ID:** 39yfYZY9pDgLSYwtua

## Hotel Demand Indicators

**ADR Impact Index:** 4.3x baseline (varies by property tier & location)

**Occupancy Impact:** +60 percentage points over baseline

**Booking Lead Time:** Demand begins 30 days before event

**Impact Radius:** 15km from venue

**Estimated Room Nights:** 56 across all properties

*Note: Actual impact varies by property location, star rating, and local market conditions.*